



ALLYSHIP

- Embracing discomfort in equity work
- Difference between non-racist and anti-racist
- Why “I’m not a racist” is only half the story
- Guide to Allyship
- Code of Ethics for White Anti-Racists - Tim Wise
- Black and Brown People Have Been Protesting for Centuries. It's White People Who Are Responsible for What Happens Next
- How I Learned to Stop Worrying and Love Discussing Race
- What’s my complicity?
- Dr. Maya Angelou on the Power of Words

CLIMATE JUSTICE

- Why Race Matters When We Talk About the Environment
- Real talk: racism and climate
- White European climate activists: we have work to do on anti-racism
- Environmental racism on indigenous lands and territories
- 16 Essential Books About Environmental Justice, Racism and Activism
- 19 Ways You Can Work for Climate Justice
- Ten Ways That Racial And Environmental Justice Are Inextricably Linked
- Stop the Money Pipeline

CONSTRUCTION OF RACE

- Race: The Power of an Illusion

CRIMINAL JUSTICE

- 13th (trailer)
- Face the New Jim Crow
- The racism of the US justice system in 10 charts
- The 1619 Project (all the articles)
- A conversation exercise on incarceration
- One prison taught me racism. Another prison taught me acceptance
- Race and the drug war (10 min)
- What defund the police actually means
- This week on the Campbell Conversations: A conversation on racism in the criminal justice system
- Prosecutors are the most powerful players in the criminal justice system
- A prosecutor's vision for a better justice system
- What if we ended the injustice of bail?
- The Bail Project
- The National Bail Out
- Explore these TED Talks to understand some paths and possibilities of police reform
- Criminal justice facts
- American history, race and prison
- Explore more on racism and criminal justice in The Marshall Project
- Redemption song
- The inevitability of mass incarceration
- We need to talk about injustice
- I want our public policy to be driven by love
- The urgent need for reconciliation
- Racism and criminal justice" (Centre for Crime and Justice Studies, UK)
- Justice gap: racism pervasive in criminal justice systems across Europe

EDUCATION SYSTEM

- How America's public schools keep kids in poverty
- The school to prison pipeline
- Standardized tests created by Eugenicists and racists
- How Southern socialites rewrote Civil War history
- 50 states, 50 different ways of teaching America's past
- White fragility in students
- White fragility in teaching
- Inequality at school
- What is equity in education?

- On Diversity: Access Ain't Inclusion
- Native American Students Respond to American Education
- Bringing the cultural context into the classroom
- Cultural Pedagogy: Educational Equality for Our Youth
- Being Proud and Strong
- New Zealand Is A Model of Cultural Education
- Teaching Indigenous languages: How Australia can learn from other countries
- Why teachers have to believe in all their students
- Role model effect in education
- Diverse Education for a student in the Education System
- South Africa: Broken and unequal education perpetuating poverty and inequality
- Dismantling White Supremacy in education

HEALING

- How we can start to heal the pain of racial division
- White Like Me - White Allies
- What is Justice?
- I'm dreaming about a modern world that doesn't erase it's indigenous intelligence (10 min read)
- How do black society's harmed by mass violence heal?
- How to heal African-Americans' traumatic history
- Healing-Centered, Culturally Rooted Approach
- A message from the Council of 13 Grandmothers
- Meditations for healing racial trauma or Ally + Accomplice Meditation for Cultivating an Anti-Racist Mindset
- The seed
- What is cultural healing?
- Engaging the other
- Generational medicine
- Ways to promote the healing of historical trauma
- The Perfect Nap: Rest as a form of resistance
- Tell me about yourself -- stories through poetry
- We are the weavers: Weaving a thread through the 7 generations
- Exploring our shared origins
- I'm dreaming about a modern world that doesn't erase it's indigenous intelligence
- Yuin Indigenous Australians unite in historic healing ceremony

HEALING THROUGH ARTS & CULTURE

- Living sculptures that stand for history's truths
- A visual history of social dance in 25 moves
- Explore art, history, and cultural richness of the African Diaspora
- 7 poems that reflect the Black experience
- Lines - what's really in a song?
- We love you project
- The SMILING boys project

HEALTHCARE

- The US medical system is still haunted by slavery
- How racism makes us sick
- Medical student creates handbook of clinical signs on black and brown skin
- 9 ways racism impacts maternal health
- The problem with race-based medicine
- Health in the Indigenous American population
- A Conversation Guide for Health Equity
- In All Fairness: Putting a Face on Health Disparities
- Wellbriety Journey to Forgiveness
- Why your doctor should care about social injustice
- The privilege of well being
- Lack of racial diversity in medical textbooks could mean inequity in care
- Unnatural Causes

HOUSING & WEALTH GAP

- Racial Wealth Gap
- Segregated by design
- Systematic Inequality and Economic Opportunity
- The Disturbing History of the Suburbs
- Matter Of Place by The Fair Housing Justice Center
- Redlining: The Jim Crow Laws of the North
- Systemic Inequality: Displacement, Exclusion, and Segregation
- The Asset Value of Whiteness: Understanding the Racial Wealth Gap
- Transportation policy is housing policy

HOW TO TALK ABOUT RACE

- How to disagree productively and find common ground
- Guide to respectful conversations
- Why it's worth listening to people you disagree with

INTERGENERATIONAL TRAUMA

- Intergenerational trauma animation
- What is historical trauma?
- How do people experience historical trauma
- How trauma is carried across generations
- The past doesn't exist outside the present. We are who we are because of what was before
- What I'm Reading: My Grandmother's Hands by Resmaa Menakem
- Breaking the chain: healing racial trauma in the body
- Letting Go of Thought Worship: Embodied Racial Healing
- Racialized Trauma in all bodies
- My grandmother's hands
- Healing through story: Unpacking Indigenous resiliency and hope
- Seeds of Our Ancestors, Seeds of Life
- LIFE LAKOTA | The Cheyenne River Reservation
- Brazil: The Story of Slavery
- Colonialism in India was traumatic – including for some of the British officials who ruled the Raj

INTERNALIZED OPPRESSION

- Internalised Oppression -Naming and peeling away the layers of shame
- Black Self / White World — lessons on internalized racism
- Assimilating into whiteness, internalizing oppression
- The Cost of Code Switching
- Pressure to "Pass for White"
- The chosen exile of racial "passing"
- Passing in White America
- Why People of Color Need Spaces Without White People

INTERSECTIONALITY

- The urgency of intersectionality
- What is intersectionality and what does it have to do with me?
- Understanding intersectionality
- Race Names

INVESTMENTS (shareholder activism)

- Shareholder Activism As A Strategy To Advance Racial Equity
- In support of prison divestment
- How divestment campaigns can change the rules in a profit-driven world

LYNCHING

- American lynching part 1
- American Lynching part 2
- Uprooted: A personal story of lynching
- Lynching in America: What is a Racial Terror Lynching?
- We can't recover from this history until we deal with it
- Terror Lynching in America
- The legacy of lynching
- Dedication of the National Memorial for Peace and Justice
- Lynching in America
- Beyond the Rope: The Impact of Lynching on Black Culture and Memory
- Lynching in America: What is a Racial Terror Lynching?

BLACK MEN AND BOYS

- The "aging up" of Black boys
- Britain has long profiled black boys as criminals, so is it any wonder they get harsher penalties?
- Why South Africa needs to stop stereotyping young black men
- We have a place in this world too

MENTAL HEALTH

- Racism in mental healthcare: An invisible barrier

ON BEING A BIPOC

- A racist attack on children was taped in 1975. We found them
- A conversation about growing up Black in America
- A conversation with Black women
- A conversation with my black son
- If you give a child a word
- People of colour have to 'code-switch' to fit in with white norms
- Growing Up In 1950s Virginia

- I Didn't Tell You
- New York Times Op-Docs on Race
- 'Queen talk': Pittsburgh Black girls describe how they navigate the world
- A conversation with Latinx people
- A conversation with Asian Americans
- What Kind of Asian Are You?
- What Dark-Skinned People Will Never Tell You
- Why race in Brazil is a confusing, loaded topic
- Afro Germany - being black and German
- That Black British feeling
- Are Coloured people Black?
- Cape Town's District Six
- What Being Hispanic and Latinx Means in the United States
- What's it like to be Latino - and black?
- What Afro-Latinos Want You To Know
- A conversation with Indigenous Americans
- "We Are Still Here" --- A Documentary on Today's Young Native Americans
- Reservation | Native Americans | One Word | Cut
- Aboriginal and Torres Strait people answer questions
- Aboriginal people respond to Australia Day
- Indigenous People React to Indigenous Representation in Film And TV
- Life on the rez
- Surviving Disappearance, Re-Imagining & Humanizing Native Peoples
- Life as a young and native American | Indigenous Voices
- Staying Indian in Ohio (2015)
- I am not my stereotype project
- Being Black And Feeling Safer Away From America

PARENTING

- How to not (accidentally) raise a racist
- What is "The Talk" White parents should have with White children?
- 10 tips for teaching and talking to kids about race (younger kids)
- Talking race with young children
- How to talk to kids about race and racism (older kids)
- How White Parents Can Talk To Their Kids About Race
- 5 ways to make an impact on children

- Uncomfortable conversation with a black man
- Beyond the golden rule - a guide for parents
- 14 Children's Books To Help Parents Talk About Race
- Turn empathy into action - podcasts and activities for children aged 11-14
- 1000 black girls books

POWER OF A STORY

- Our story your story
- The End of Racism and Sexism Starts with Stories
- Sonder: The realization that everyone has a story
- Conversations on race
- Telling stories from Africa
- Pleasure to meet you
- Grandmother stories - Apartheid Experiences
- Of strong winds, heavy hearts and Joseph Shabalala telling the South African story
- Spoken word poem about racism in New Zealand

RESIDENTIAL BOARDING SCHOOLS & ADOPTION ERA

- Blood memory: America's Indian Adoption Era
- How the US stole thousands of Native American children
- Our spirits don't speak English
- Canadian Shame: A History of Residential Schools
- Dawnland (1hr)
- My stolen childhood, and a life to rebuild
- The Residential School System
- In The White Man's Image
- Report on industrial schools for Indians and half breeds
- The thick dark fog
- Death by Civilization

SEGREGATION IN USA

- Segregation in America
- I am not your negro trailer
- James Baldwin on the riots in 1968
- James Baldwin on Segregation
- James Baldwin in the Dick Cavett show

- James Baldwin speech from debate with William F. Buckley
- James Baldwin on the future of America
- James Baldwin on the Black experience in America

SELF-CARE

- Self-Care
- Racial healing handbook
- Healing Resources for BIPOC Organizers & Allies Taking Action for Black Lives
- Tree of life grounding meditation

SHAME

- Meeting shame and moving through it
- Listening to shame
- The 4 steps for building Shame resilience
- A guided meditation to get to know shame
- Shame and accountability with Brene Brown
- Brené Brown, personal growth, and working on structural racism
- Christiane Sanderson's 2015 book Counselling Skills for Working with Shame

SLAVERY, COLONIZATION AND INDENTURED LABOR

- Life aboard a slave ship
- Roots: The Middle Passage
- Roots: The Slave Auction
- Roots: I am Kunta Kinte (This video appears to be unavailable in Europe. If you cannot view it, please watch the clip from the original Roots series)
- Five Things You Didn't Know About Black Children During Slavery
- The history of Mary Prince
- A neighborhood reacts to finding the ship that brought their ancestors to America
- American slavery documents
- Ex Slaves talk about Slavery in the USA
- Explore stories from slave
- What the Discovery of the Last American Slave Ship Means to Descendants
- Last Slave Ship Found on Alabama Coast Validates Descendants' Stories
- Indian South Africans: The story of indentured labourers
- The impact of the slave trade on Africa
- The impact of colonization around the world

- The Iroquois Influence on the Constitution
- Apartheid in South Africa - Documentary on Racism | Interviews with Black & Afrikaner Leaders | 1957

SYSTEMIC RACISM

- 'Interrupt The Systems': Robin DiAngelo
- The unequal opportunities race
- How to understand power

UNCONSCIOUS BIAS

- The danger of a single story
- How to overcome our biases? Walk boldly toward them
- The Costs of Racial Color Blindness
- Color blindness fundamentally misses the mark
- Prejudice and discrimination
- How to overcome our biases? Walk boldly toward them
- Some ways to interrupt bias
- 9 people share times that they racially stereotyped a stranger
- How racial bias works and how to disrupt it
- To change the world, change your illusions

VOTING

- Learn about Black American women who fought for the right to vote
- Take the literacy test

WHITENESS

- People Of Colour From Around The World Respond To "White"
- The invention of Whiteness
- Why talk about Whiteness?
- Chenjerai's Challenge (Seeing White)
- Do the Awareness Activity
- How race was made - Scene podcast
- Whiteness on the couch
- RACE: The Power of an Illusion (2 hours 50 minutes)
- A conversation with white people about race
- The "Profound Neurosis" of Racism

- Being “recruited” into whiteness (start at the 7 min mark)
- Healing the Dominant Group, Breaking the Cycle of Violence
- Not Somewhere Else, But Here
- How white people got made
- Birth of a White Nation
- Social identities and systems of oppression
- Understand whiteness
- White fragility
- Understanding white fragility
- White Bred

WHITE PRIVILEGE

- Peggy McIntosh’s white privilege papers
- Explaining White Privilege To A Broke White Person
- What Is White Privilege, Really?
- Recognizing privilege

WHITE SUPREMACY

- From Alt-Right to Groyper
- 10 ways white supremacy wounds white people: A tale of mutuality
- The characteristics of White Supremacy Culture

WOMEN AND GIRLS OF COLOR

- The failure of the education sector to harness and develop women’s talents (South Africa and Kenya)
- The adultification of Black girls
- Adultification bias:Robbing black girls of their childhood

WORKPLACE

- The bias of “professionalism” standards

BOOKS

- Americanah by Chimamanda Ngozi Adichie
- Australia Day by Stan Grant
- Between the World and Me by Ta-Nehisi Coates
- Black Feminist Thought by Patricia Hill Collins

- Born a Crime: Stories from a South African Childhood by Trevor Noah
- The Bluest Eye by Toni Morrison
- Eloquent Rage: A Black Feminist Discovers Her Superpower by Dr. Brittney Cooper
- The Fire Next Time by James Baldwin
- Growing Up Aboriginal in Australia by Anita Heiss
- Heavy: An American Memoir by Kiese Laymon
- Homegoing by Yaa Gyasi
- How To Be An Antiracist by Dr. Ibram X. Kendi
- I Know Why the Caged Bird Sings by Maya Angelou
- Invisible No More: Police Violence Against Black Women and Women of Color by Andrea J. Ritchie
- Just Mercy by Bryan Stevenson
- Killers of the Flower Moon: The Osage Murders and the Birth of the FBI by David Grann
- Me and White Supremacy by Layla F. Saad
- My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies (book available on Amazon)
- The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander
- Not Just Black and White: A Conversation Between a Mother and Daughter by Lesley Williams
- Raising Our Hands by Jenna Arnold
- Redefining Realness by Janet Mock
- Sister Outsider by Audre Lorde
- So You Want to Talk About Race by Ijeoma Oluo
- The Hate U Give by Angie Thomas
- The Next American Revolution: Sustainable Activism for the Twenty-First Century by Grace Lee Boggs
- The Warmth of Other Suns by Isabel Wilkerson
- Their Eyes Were Watching God by Zora Neale Hurston
- This Bridge Called My Back: Writings by Radical Women of Color by Cherríe Moraga
- Welcome to Country by Marcia Langton
- White Fragility by Robin DiAngelo
- White innocence by Gloria Wekker
- When Affirmative Action Was White: An Untold History of Racial Inequality in Twentieth-Century America by Ira Katznelson
- Why I no longer speak to white people about race by Reni Eddo-Lodge

MOVIES/DOCUMENTARIES/MINI-SERIES

- 10 Films That Show How the U.S. Has Mistreated Native Americans and Alaska Natives

- 12 years a slave
- 13th
- 42
- American Son (Kenny Leon)
- Amistad
- The Australian Dream
- Asian Americans
- Blackkkklansman
- The Black Panthers: Vanguard of the Revolution
- Black Power Mixtape: 1967-1975
- Blindspotting (Carlos López Estrada)
- Clemency (Chinonye Chukwu)
- Cracking the Codes: The System of Racial Inequity
- Crime + punishment (documentary)
- Dear White People (Justin Simien)
- Do the Right Thing by Spike Lee
- Four Corners
- Fruitvale Station (Ryan Coogler)
- Glory (Civil War and the First all African-American Regiment)
- The Grace Lee Project
- Flint Town
- The Hate U Give (George Tillman Jr.)
- Hidden Figures
- Hoop Dreams
- I am not your negro
- If Beale Street Could Talk (Barry Jenkins)
- Indigenous Australian Films to Watch, Learn and Support
- Just Mercy
- King In The Wilderness
- LA92
- Mabo
- Malcom X
- Mudbound
- Murder to Mercy: The Cyntoia Brown Story
- The Namesake
- Real Women Have Curves

- Roots miniseries
- See You Yesterday (Stefon Bristol)
- Selma (Ava DuVernay)
- Slavery by Another name
- Stand and Deliver
- Stolen Generations
- Strong Island
- The Tall Man
- Time: the Kalief Browder Story (documentary in 6 parts)
- What happened Miss Simone
- When they see us
- You Can't Ask That

PODCASTS

- 1619 (New York Times)
- 42 Podcasts About The Black British Experience & Race In The UK
- 6 podcasts to learn more about Indigenous Australians
- About Race
- All My Relations
- BBC Radio 5 live - The Sista Collective
- Black Like Me
- Breakdances with Wolves Podcast
- Code Switch (NPR)
- The Daily
- Ear Hustle
- Good ancestor
- Here & Now - Without Slavery, Would The U.S. Be The Leading Economic Power?
- Identity Politics
- Intersectionality Matters! hosted by Kimberlé Crenshaw
- Latinos Who Lunch
- Lead SA Podcast Series Confronts Racism
- Momentum: A Race Forward Podcast
- Oklahoma To Incorporate 1921 Tulsa Race Massacre Into Statewide School Curriculum
- NPR Morning Edition - You Cannot Divorce Race From Immigration
- Pod For The Cause (from The Leadership Conference on Civil & Human Rights)
- Pod Save the People (Crooked Media)

- Seeing White
- See Something, Say Something
- Self Evident: Asian America's Stories
- Still Processing
- Teaching While White
- TED Radio Hour - Mary Bassett: How Does Racism Affect Your Health?
- Unpacking Whiteness: structural racism explained
- VENT
- White homework
- Whiteness on the couch podcast